



# *Newsletter*

Dr. Ram Manohar Lohia Institute of Medical Sciences, Lucknow.

2<sup>nd</sup> Issue, January - June, 2022



*Striving Towards Excellence  
In Healthcare.....*



## RMLIMS At RAJ BHAWAN



Dr. RMLIMS Flagship campaign for vaccination of adolescent school & college girls under the leadership of Prof. **Soniya Nityanand** was flagged off at Raj Bhawan, Lucknow by Honorable Governor of U.P., **Smt. Anandiben Patel** on 07.03.2022.



**"Raktansh"- Voluntary Platelet Donation Awareness and Registration Project** was initiated by Dr.R.M.L.I.M.S., Lucknow. The first voluntary platelet donation and awareness camp was inaugurated by Honourable Governor of UP, **Smt. Anandiben Patel** at Rajbhavan ,Lucknow on 14/03/2022. The camp was attended by more than 300 participants. 165 voluntary donors registered. An informational booklet "Voluntary platelet donation: A step towards healthy state" by Dr. Trupti Lokhande, Assistant Professor, Dept of Transfusion Medicine was also released on the occasion.

## Newsletter Editorial Team

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Dietician

## VISIT BY DIGNITARIES



On 9<sup>th</sup> May 2022 with inspiration from Honourable Governor of UP and Chief guest **Anandiben Patel** and in the august presence of **Shri Brijesh Pathak** ji Deputy Chief Minister and Minister Medical Education, UP and **Shri Alok Kumar** Ji, (Principal Secretary, Medical Education) & DM Lucknow **Shri Abhishek Prakash Ji** under the dedicated leadership and guidance of **Prof. Soniya Nityanand** (Director, Dr. RMLIMS) launched its ambitious flagship program on cervical cancer vaccination and awareness in adolescent girls. The event was attended by principal's and representatives of schools and colleges. Efforts of the institute were lauded by the Honourable dignitaries. It was briefed that the institute plans to organise awareness camps in schools colleges of Lucknow district and motivate parents for vaccination of adolescent girls. Honourable, Chief Guest appreciated the Nukkad Natak by M.B.B.S. students and urged the representatives of schools and colleges to take forward the message and brief the parents of children to motivate them for vaccination of Adolescent girls and also to facilitate vaccination of adolescent girl children of staff of their college.



Institute Visit by **Shri D.S. Mishra Ji**, Chief Secretary, Govt. of UP and president of the Institute & **Shri Alok Kumar Ji**, Principal Secretary, Medical Education and Vice President of Institute for Board of Governors meeting & Faculty Interaction Program on 30.04.2022.



**Memorandum of Understanding for Cancer Detection Van** was signed between Dr. RMLIMS and Power Finance Corporation Limited, New Delhi on 13.4.2022 for Cancer Screening and Awareness mobile van under the CSR initiative in the august presence of **Shri Brijesh Pathak Ji**, Honourable Deputy Chief Minister, Minister Medical Education, Health and Family Welfare and Maternal and Child Health. **Prof. Soniya Nityanand**, Director, Dr. RMLIMS highlighted the work being done by the institute for HPV vaccination of adolescent girls and reiterated that the mobile van will be immensely useful in out reach activities for cancer screening and treatment by the institute. A new refurbished Orthopaedic Emergency was inaugurated, Inter Departmental Referral Android application was launched and the Academic Calendar was also released on the occasion.



## NEW FACILITIES FLAGGED OFF AT THE INSTITUTE



**Inauguration of renovated Out Patient Department (OPD), Department of Dentistry, Dr. RMLIMS** on 4.03.2022 by the auspicious hands of Director Prof. Soniya Nityanand. Department now provides all major dental facilities like tooth cleaning, treatment of gum disease, dental fillings, root canal treatment, cosmetic dental treatment, braces for correction of teeth malalignment, pediatric tooth care, extraction of wisdom teeth, management of facial fractures, treatment of orofacial cysts & tumors, temporomandibular joint treatments, etc.



**Central Mechanical Workshop** was inaugurated on 01.02.2022 in the institute premises by Prof. Soniya Nityanand, Director Dr.RMLIMS. Also present on the occasion were CMS, Superintendent Engineer and other staff. The workshop will facilitate maintenance and quick repair of hospital furniture for smooth functioning of the hospital services and will strengthen better patient care.



Inspired by the Honourable Governor, Uttar Pradesh, Smt. Anandiben Patel "**Divyang Kiosk**" was inaugurated on 02.03.2022 by Prof. Soniya Nityanand in the institute premises to facilitate self reliance among divyang community members in collaboration with the NGO "Divyang Ek Ummeed". Divyang Kiosk will help spread awareness about "Divyang" and help make them self reliant.

## REPORT OF THE DEAN'S OFFICE FROM JANUARY TO JUNE 2022

New/Increase in Deans Report, proposal for 2022-23-Due to the collective efforts by Dean office under guidance of Director, Dr. RMLIMS, 51 new seats or increase in number of seats was achieved in the year 2021, which is the highest increase in the state in one year. **A glimpse of the PG seat status now is-**



| Course and department         | No of seats |
|-------------------------------|-------------|
| MD Anatomy                    | 4           |
| MD Anesthesia                 | 15          |
| MD Pathology                  | 10          |
| MD Physiology                 | 4           |
| MD Radio diagnosis            | 4           |
| MD Radiotherapy               | 5           |
| MD Microbiology               | 5           |
| MD Community Medicine         | 3           |
| MD General Medicine           | 4           |
| MD Pharmacology               | 5           |
| MS Obs&Gynae                  | 6           |
| MS General surgery            | 6           |
| MS Orthopaedics               | 4           |
| Urology -MCh                  | 2           |
| Neurosurgery MCh              | 3           |
| CTVS MCh                      | 1           |
| Neurology DM                  | 4           |
| Surgical Oncology MCh         | 2           |
| Cardiology- DM                | 4           |
| Surgical gastroenterology MCh | 2           |
| DNB Nephrology                | 02          |
| DNB Emergency Medicine        | 02          |
| DNB Otorhinolaryngology (ENT) | 02          |
| Nuclear Medicine              | 02          |

### Paramedical Courses and Approval of New PDCC & PDF courses

**Paramedical Courses-** Currently Institute is conducting Diploma in Medical Laboratory Technology, Diploma in Radiotherapy, Diploma in X-ray Technology and MSc Nuclear Medicine. Total 81 students are being trained in these paramedical courses annually.

**New PDCC & PDF courses -** In accordance with approval from Board of Governors Institute is starting 12 new PDCC courses and 03 PDF courses from academic session 2022-23.

**Covid Skill Trainings-** On the instructions of National Medical Commission Dean office took initiative to provide skill trainings regarding Covid. A number of 42 topics/lessons were instructed to be included in the skill training. Thus this huge task and trainings were scheduled for all healthcare staff in RMLIMS under the groups namely General Covid Management, General Paediatric COVID management, COVID Diagnostics, Management of Adult COVID patients in ICU & HDU, Paediatric COVID Management in ICU, COVID Management in Obstetrics patients. Dean office successfully organized and completed the Covid Skill trainings till March 2022.

**Digi Shakti Program Implementation** Dean office and its sub-sections implemented the DigiShakti plan of the UP state Government. The list of eligible candidates was prepared through the sub-section PG Cell and Paramedical Cell. Initiative was taken by Dr. Manish Raj Kulshreshtha, PG Section and Dean office for preparation of Data and mapping of the distribution of Tablets under DigishaktiYojna. On the final day, Tablets were distributed to 44 PG students in Final course of MD/DM/MCh and 63 students of Diploma (DMLT/DMXT/DMRT)



## ACADEMICS AT DR. RMLIMS-BROADENING THE HORIZON CME/WORKSHOP/TRAINING



### **National Workshop on Identifying Predatory Journals and Reference Management Using Mendeley**

A one day workshop was organized by Department of Community Medicine on 17.05.2022. Faculty/ Residents/ Young researchers from medical colleges of UP, Bihar and Uttarakhand participated in the Workshop. Dr Sumit Narula, Deputy Dean Research (Publications & Citations), AMITY University, Gwalior was the course faculty. The workshop was inaugurated by Prof Soniya Nityanand, Director, Dr. RMLIMS. Dr Manish Singh was Organising Secretary and Prof. SD Kandpal was Organising Chairperson for the workshop .



**CME on Chronobiology and Sleep Updates** was organized by Dept. of Physiology, Dr. RMLIMS in association with the Association of Physiologists of India and Indian Society of Chronomedicine on 07.05.2022. Prof. Soniya Nityanand, Director, Dr. RMLIMS, inaugurated the CME. Prof. Narsingh Verma (KGMU), Prof. Anand Srivastava (KGMU) and Dr Tripad Deep Singh (Expert in Sleep Medicine) were the distinguished speakers.



**5<sup>th</sup> Central Zone Post Graduate Assembly 2022 (2<sup>nd</sup>-6<sup>th</sup> March, 2022)** was held under the guidance of Prof Deepak Malviya and organized by Dr S S Nath, Dr Manoj Tripathi and the faculty of Department of Anaesthesiology and Critical Care Medicine. Eminent faculty from across India participated in the event. **Prof Minu Bajpai**, Executive Director of National Board of Examination for Medical Sciences, New Delhi was Chief Guest, Prof. Soniya Nityanand, Director, Dr. RMLIMS, Dr Venkatagiri KM, National President, ISA, Dr M V Bhimeshwar, President elect, ISA and Dr Naveen Malhotra, National Secretary, ISA were the Guests of Honour.

## ACADEMICS AT DR. RMLIMS-BROADENING THE HORIZON CME/WORKSHOP/TRAINING



**9<sup>th</sup> Issue of Newsletter, Department of Microbiology was released** on 12.05.2022 by Prof. Soniya Nityanand, (Director, Dr. RMLIMS), Prof. Nuzhat Husain (Dean), Prof. Rajan Bhatnagar (CMS) & Prof. Jyotsna Agarwal (Chief editor & HOD, Microbiology) in presence of faculty & Staff of Dr. RMLIMS. It was followed by Annual CME. **Prof. Priya Abraham**, Director, ICMR-NIV, Pune was Key Note Speaker for the CME. She delivered a lecture on the topic 'COVID-19: Story so far and what lies ahead'. A debate competition was held on the topic 'OMICRON: A ray of hope against COVID pandemic'. Dr. Apurva Rautela was declared as winner and Mr. Bhanu Chaudhary was second runner up.



**International Nurses Day**, 09.05.2022 was observed by College of Nursing, Dr RMLIMS Lucknow. Students of the First foundation batch of B.Sc. Nursing (2021-22) participated in the Lamp Lightening & oath taking Ceremony. Shri Alok Kumar, IAS (Principal Secretary, Medical Education ) was Chief Guest and Prof. (Dr) Soniya Nityanand (Director, Dr. RMLIMS) was Guest of Honour on the occasion. Chief Nursing Officer- Smt. Suman Singh and Deputy Nursing Superintendent Smt. Kamini Kapoor and Chairman, College of Nursing- Dr DK Srivastava facilitated the function.



**International Women's Day**, 09.3.2022 was celebrated at RPGMMC SRH. 'Free Health Check Up Camp' was organized for women on general and reproductive health, by the Dept. of Obstetrics and Gynecology. Prof. Soniya Nityanand (Director, Dr. RMLIMS) was the Chief Guest. Dr. Brinda Frey (Deputy Director, U.P. Technical Support Unit, Family Planning Unit, U.P. Govt.) delivered a guest lecture on 'Power of Contraception' followed by a talk on 'Menstrual Hygiene' by Dr. Charu Mahajan.



## ACADEMICS AT DR. RMLIMS-BROADENING THE HORIZON CME/WORKSHOP/TRAINING



**Core Committee Meeting National Tuberculosis Elimination Programme, Dr. RMLIMS** was held on 29.03.2022. The meeting was chaired by Prof. Soniya Nityanand, Director, Dr. RMLIMS. Prof. Ashok Bhardwaj, Chairperson, National Task Force, NTEP and Dr. Santosh Gupta, State Tuberculosis Officer, NTEP UP were special invitee for the meeting Dr. Manish Singh, Nodal Officer presented the performance report of Tuberculosis unit at Dr. RMLIMS.



**International Adolescent Health week 2022** Awareness program for Adolescents was organised by Department of Pediatrics in collaboration with Lucknow Academy of Pediatrics-Adolescent Chapter on 24.03.2022. The program aimed at building awareness among patients and their attendants visiting the OPDs on health issues and diseases, immunisations and nutritional requirement of adolescents.



**Voluntary Blood Donation Camp** was held on 01.01.2022 like previous years. It is being held regularly since 2015. Principal Secretary Medical Education, Mr. Alok Kumar was the Chief Guest. 46 units of blood was collected, donated by faculty and staff of Dr. RMLIMS, New facilities like Leukoreduced Blood preparation and supply and new blood bank software was inaugurated. Faculty and staff were also felicitated on the occasion.



**World kidney Day 2022** was celebrated on 10<sup>th</sup> March by Department of Nephrology. An awareness and interaction program on "Kidney Health for All - Bridging the Knowledge Gap to Better Kidney Care" was organized at Lohiya Park, Lucknow. The programme included stretching exercises, short runs, T-shirt distribution followed by a interactive Q & A session with the fitness enthusiasts gathered at the park.



**National Dietetics Day** was observed under aegis of Indian Dietetic Association (IDA) on 10<sup>th</sup> January 2022 by Dietetics Unit, Dr. RMLIMS to promote awareness regarding appropriate diet, nutrition and good health in the community.



## ACADEMICS AT DR. RMLIMS-BROADENING THE HORIZON CME/WORKSHOP/TRAINING



**White Coat and Charak Oath Taking Ceremony** of newly admitted MBSS students for the academic year 2021-2022 was organized on 21.02.2022 by Department of Anatomy. Director Prof Soniya Nityanand congratulated and welcomed the new students and emphasised that in order to achieve a certain goal in life, it is of utmost importance to work relentlessly without distractions. She explained that the purpose of medical profession is to serve humanity, and hence every doctor must practice this profession with Charak oath event marked the culmination of the seven day long Foundation course being conducted as part of CBME Curriculum.



**World Downsyndrome Day 2022-** Community awareness program organised by Department of Pediatrics on 21.03.2022



**Oral Cancer Awareness Month 2022-** observed by Dept. Of Dentistry in the Month of April 2022



Department of General Surgery initiated **Minimal Access Surgery Program (MASP)** on 31.05.2022, Laparoscopy Day. The programme was inaugurated by Prof. Shivakant Misra, Vice President NBE ( Govt. of India) and former ASI president, as Chief Guest. Prof. Soniya Nityanand (Director), Prof. Nuzhat Husain (Dean), Prof. Deepak Malviya (HOD Anaesthesiology), Prof. Jyotsna Agrawal (Executive Registrar) and Prof. Rajan Bhatnagar (CMS) of the Institute along with Dr. Priyanka Rai (HOD General Surgery) and Prof. Vikas Singh, Program Director MASP. A Logo for Laparoscopic Community Awareness Programme (LAP-AWARE) and a logo for MASP were unveiled by the dignitaries. The event was followed by hands-on demonstration of surgical sutures and energy devices for all surgery residents, interns and OT staff.



**CME on "Asthma and Allergies"** was organised by Dept. Of Pediatrics on 12<sup>th</sup> -13<sup>th</sup> May on occasion of World Asthma Day. The program was inaugurated by Honourable Director Prof. Soniya Nityanand, Dr Rajendra Prasad was the Guest of Honour. Dean Prof. Nuzhat Husain and CMS Prof. Rajan Bhatnagar were also present for the inauguration. Eminent guest speakers included Dr. Meenu Singh (PGIMER, Chandigarh), Dr Rajendra Prasad (Ex Director VP Chest Institute, Delhi), Dr Nilo Fosgaard (Translational Research Centre, Denmark), Dr NK Subramanya, President IAP. Dr Shetanshu Srivastava was organising secretary and Dr Dipti Agarwal was organising Chairperson for the event

## ACADEMICS AT DR. RMLIMS-BROADENING THE HORIZON CME/WORKSHOP/TRAINING



**AHA accredited BLS and ACLS course** was organised by Department of Anaesthesiology and Critical Care, Dr. RMLIMS on 2<sup>nd</sup> and 3<sup>rd</sup> April, 2022



**Skill based Training on New Born Stabilization Unit (NBSU)** - 2 batches was successfully conducted by Department of Pediatrics from 29<sup>th</sup>-31<sup>st</sup> March 2022 & 19<sup>th</sup>-21<sup>st</sup> April 2022. 42 participants comprising of 10 doctors and 32 staff nurses working in CHC of 5 districts of Uttar Pradesh namely, Unnao, Shravasthi, Balrampur, Sitapur and Gonda Participated in the training. The Training was inaugurated by Honourable Director Prof. Soniya Nityanand and CMS Dr. Rajan Bhatnagar.



**TOT on Child Death Review** 15 Batches of District Level Training of Medical Officers, Staff Nurse, Computer Operator on Child Death Review was organized by Dept. of Community Medicine, Dr. RMLIMS in association with Unicef and NHM –UP. from 08.02.2022 - 02.03.2022. The first training was inaugurated by Dr Ved Prakash, GM Child Health, NHM, Govt. of UP



**Pediatric COVID Management Training** was organised by Department of Pediatrics for faculty members and residents of the Institute in 8 batches between 1<sup>st</sup> Feb to 15<sup>th</sup> Feb 2022



## ACADEMICS AT DR. RMLIMS-BROADENING THE HORIZON CME/WORKSHOP/TRAINING



**"Dhyaan Se Suno"** - An Event was organized to raise awareness on prevention of hearing loss and to promote ear and hearing care by the ENT Department (under the aegis of Association of Otolaryngologists of India, Lucknow branch) on occasion of World Hearing Day, 03.03.2022.



**World No Tobacco Day** 30<sup>th</sup> May 2022 was observed at Rural Health Training Centre and OPD Hospital Block by Department of Community Medicine. Students of 2019 and 2020 batch MBBS presented Nukkad Natak for community awareness on harmful effects of Tobacco Use.



**All India & UPNEET UG-2021** -Document verification and Counseling was done at Dr.RMLIMS for 7 Medical colleges (1 Government and 6 Private medical and dental colleges). More than 1000 students got registered and 763 students took part in admission and counseling. Dr.RMLIMS UPNEET UG-2021 counseling team comprised Prof. Anurag Gupta (Coordinator) , Dr. Rashmi Kumari (Nodal Officer) and a team of faculty and data entry operator.



## ACADEMICS AT DR. RMLIMS-BROADENING THE HORIZON CME/WORKSHOP/TRAINING



**International Women's Day 2022**, was celebrated on 08.03.2022 at Dr. RMLIMS. Prof Devika Nag (retired Prof & head, Dept. of Neurology) was Chief Guest. A poster and rangoli competition was organized for MBBS / Nursing students on topic 'Break the Bias'. An awareness walk was also organized. The awardees of the poster competition were -1st Prize Ms Avantika Thakur and Mr Amait Vikram, 2<sup>nd</sup> Prize -Mr. Saptarishi Chakraborty, Ms. Aishwarya Ganesh and Ms Sakshi Verma, 3rd Ms Chanchal Dhingra. Rangoli Competition - First: S/N Naghma, Second: S/N Kanchan, Third: S/N Pushpa. Dr Roma Pradhan was the coordinator for the event.



**International Yoga Day**, 21.06.2022 with the theme "Yoga for Humanity" was celebrated with great enthusiasm at Dr.RMLIMS. 275 participants comprising of more than 200 MBBS students, faculty member, senior administrative staff, paramedical staff and resident doctors performed yoga. This was preceded by a 10 Day Yog Shivir, held under the mandate given by National Medical Commission from 12th June 2021. Director, Dr. RMLIMS, Prof. (Dr.) Soniya Nityanand inaugurated the event in presence of eminent guest Yog gurus. Shri O.N Awasthi, (Yog Specialist, Dr. RMLIMS) Conducted Yogic Exercises with the help of Guest Yog Gurus Monika Pandey, Ms. Monika Pandey, Shri. Shailesh K Gaur and Ms. Shweta Sharma, Prof. (Dr.) A.P. Sain, was organising chairperson for the event.



## BEYOND ACADEMICS



SARASWATI POOJA-05.02.2022



Cricket Match was organized on occasion of Republic Day-26.01.2022 between Deans XI and ER XI.



Holi Celebration - 17.03.2022



Bada Mangal observed at Dr. RMLIMS-28.06.2022



## LITERARY & OTHER CONTRIBUTIONS BY LOHIA FAMILY



**Photograph by Dr. Manish Singh**, Associate Professor, Community Medicine won **1<sup>st</sup> Prize** in the National Photography Contest held on occasion of World No Tobacco Day 2022 organised by MACD, IDA, Union.

### RAINS

Oh! It poured today and the city was washed. Washed of its - filth that adds a shade of grey even to the blossoms...And I feel a connection. Somehow it dawns upon me, every time it rains; that I am not alone. Something so beautiful yet so strong, the thunder among the storm- makes me feel wanted...I feel the rain on my skin, and wish it to wash my soul likewise. A soul that can't decipher the necessity for baggage, that can't differentiate the reason from the prison of one's own intellect. A soul that wonders how it would have been, had everything been in place. The drenching rain washes everything- unbiased, equally and more often than not, just in the right proportion. All the greens look a little more green, even though the dark sky seems to promise otherwise. And in silence, the drops do speak...Telling me to enjoy the rain, till it's pouring; for even they know not- how long it's going to last. What all will be the aftermath of this- will the sun-dried puddles only add heat, or will the greens still add beauty. So the drops are honest. They are there- then. They promise nothing more than that moment. How can something so momentary and anonymous, be so unconditional!!! Even among uncertainties, at that moment; that indeed was their lifetime, they were honest, pure, ferocious yet adding calmness and dedicated for a greater good... No clue why people associate rains with sadness. If only we could be a little more like raindrops, everything would be a lot easier. Yes! I love rain...P.S. Love your mother nature...

**Dr. Bhanupriya Singh.**

Assistant Professor, Radiodiagnosis



**Sketch by Dr. Roma Pradhan**  
Associate Professor, Endocrine Surgery

### ‘है जीवन को बचाना, तो एच0पी0वी0 टीका ही लगवाना’

शुरू किया है, प्रथम कदम अभियान का,  
एच0पी0वी0 टीकाकरण और सर्वाइकल कैंसर रोकथाम का।  
जन-जन को बतायेंगे,  
किशोरियों व सभी महिलाओं को समझायेंगे,  
कि हेल्थ चेकअप के साथ, टीका भी जरूरी है।  
समझ-समझाकर सभी लगवाओ, नहीं है कोई मजबूरी  
खुद को निरोगी बनायेंगे, दूसरो को भी समझायेंगे।  
एच0पी0वी0 टीकाकरण की इस कड़ी को प्रदेश में ही नहीं वरन् पूरे देश में फैलायेंगे,  
तभी तो होगी हर किशोरी स्वस्थ,  
हर महिला चुस्त दुरुस्त।  
गली-गली, शहर-शहर, न ही सिर्फ उत्तर प्रदेश में,  
वरन् पूरे देश में फैलायेंगे एच0पी0वी0 टीकाकरण की लहर।  
माननीय राज्यपाल महोदया आनंदीबेन पटेल जी का सहयोग,  
डा0 राम मनोहर लोहिया आयुर्विज्ञान संस्थान के निदेशिका की सोच,  
शुरू किया सिलसिला हमने 7 मार्च 2022 को,  
इस कड़ी से हर मोती को निरोगी व मजबूत बनायेंगे,  
और हर महिला, परिवार ही नहीं पूरे देश को मजबूत व स्वस्थ बनायेंगे।

**प्रो0 नीतू सिंह**

स्त्री एवं प्रसूति रोग विभाग



## देख

देख.... उन बादलो को  
हर पल अपनी तसवीर बदलता है ।  
कितनी आँखे उसको देखे  
हवा के संग बेफिकर राह बदलता है ।  
किसी ने मुझसे पूछा,  
किसी के रोने पे कोई खुश कैसे हो सकता है....  
कभी काला बदल बरसते देखा है  
देख...वो कलम को,  
हर पल नई कहानी लिखता है।  
बे स्याही की फ्रिक करे,  
किसी का कुछ न कुछ सैहता रहता है ।  
किसी ने मुझसे पूछा,  
कोई कोई बाते कब तक सुन सकता है....  
कभी एक कलम को लिखते देखा है ।

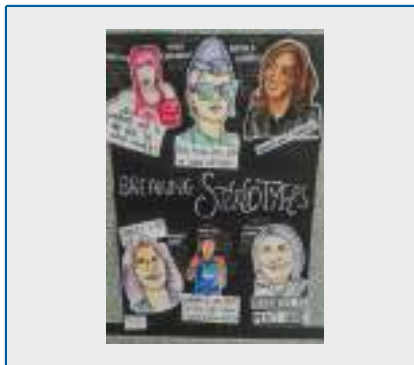
देख.... उस पेड़ को  
हर बार नया जहाराखों सहता है ।  
उसका तो दर्द तक दूसरो को सहारा देता है ।

किसी ने मुझसे पूछा,  
मेरा मन क्यूँ अकेले रहता है....  
कभी पतझण होते देखा है ।

देख...उस शीशे को ।  
खुद के साथ है सिर्फ तू और तू ।  
फिर क्यू अपने को अकेले समझता है

वो मुझसे पूछा,  
शीशे मे तुझे असल में क्या दिखता है....  
मुझे बादलो के नीचे के पेड़ और अपने  
हाथ मे एक कलम दिखता हैं ।

**कार्तिकेय रोजवाल**  
एम.बी.बी.एस बैच-2022



Prize winning Posters for Competition held on occasion of International Womens Day, 08.03.2022



Nukkad Natak by MBBS Students on HPV Vaccine Awareness on 09.05.2022

## MBBS STUDENTS CORNER



**RIWAYAT- FAREWELL 2017 Batch-** students of 2018 batch, bid an emotional farewell to their seniors on 5<sup>th</sup> May 2022. Students of 2018 batch participated and organised a series of events that included Flash Mob, Scribble Day for sharing memories, dance music and much more. It was a landmark occasion when the 1st batch of MBBS Students were bid adieu.



**"Udbhav 4.0 " Freshers** was organised by 2020 batch MBBS Students on 14<sup>th</sup> May, 2022. The event was inaugurated with lamp lighting by Prof. Soniya Nityananda (Director, Dr. RMLIMS) and Chief Medical Superintendent Prof. Rajan Bhatnagar. Program began with Ganesh Vandana by 2021 batch girls. Director madam shared her memories of her MBBS days with the students after the performance. There was dance performances by boys and girls of batch 2021, duet songs, Kathak performance by Shailja Malik satirical skit, "Lohia's lost talent". Performance by Bhangra Band of Batch 2020 and "Mr. & Ms. Fresher's" competition. The stage was taken stand-up comedy Ayush Tyagi. A monologue on "The journey of a Fresher" by Kartikey Rozwal. Saumya Singh and Shree Gopal were crowned Ms & Mr. Fresher's respectively. The other titles given were: Mr & Ms Fashionable- Dhruv Agarwal & Garima Gupta Mr & Ms Hunarbaaz- Gaurav Raj & Pragati Srivastava Mr & Ms Witty- Pawan & Alka Kishore.



Photography by-**Digvijay Sharma**  
(MBBS- 2019 Batch)



Photograph by **Khushi Chahal**  
(MBBS 2019 Batch)



## AWARDS & RECOGNITION



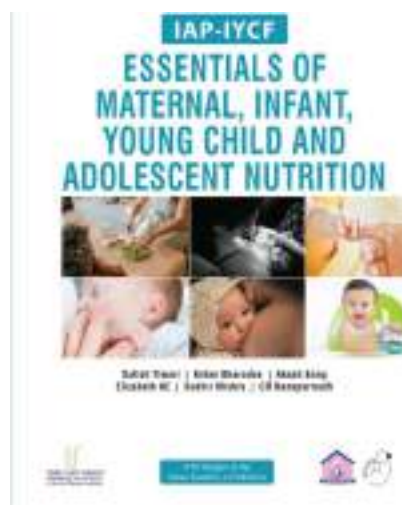
Uttar Pradesh Department of Medical Education on 6th January 2022 organized Award ceremony for felicitation of UP Covid warriors in various institutions and medical colleges of state. We are proud to say that the function was organized at our Institute, Academic Block. Director General of Medical Education, Dr NC Prajapati presided over the ceremonial function. Shri Suresh Khanna Ji, Minister of Medical department, Parliamentary affairs and Finance was Chief Guest. On behalf of Dr.RMLIMS, Lucknow, Prof. Soniya Nityanand, Director, received the award for **"Best Testing Facility for COVID-19"** (more than 35 lakh RTPCR testing for SARS-COV-2 detection at the time of this function). Later Prof. Jyotsna Agarwal, Incharge COVID-19 and Head Microbiology department, received the award on behalf of the COVID-lab, from the Director.



Felicitations of Health Care Workers in COVID-19 Ward for their dedicated & tireless services on 25.02.2022



**Handbook of Critical Care** edited by Prof. Deepak Malviya and Dr. SS Nath was released by Honourable Governor of UP, Smt. Anandiben Patel on 9.05.2022



### Chapters Authored By Faculty from Dr. RMLIMS

- Introduction and current scenario in Maternal Infant and Young Child Nutrition - **Dr. Manish Kumar Singh**
- Reduced Breast Milk - **Dr. Shetanshu Srivastava**
- Cow Milk Feeding : An overview - **Dr. Dipti Agarwal**
- Quality Improvement Program- The Need of the Hour - **Dr. Neha Rai**



**Dr. Navbir Pasricha**, Additional Professor, Department of Anatomy received the **"FAIMER Fellowship"** from CMC Ludhiana.

**Dr. Eti Sthapak**, Associate Professor, Department of Anatomy - **"Awarded Best Paper presentation"** in 68<sup>th</sup> National Conference of Anatomical Society of India, 2022.

## WELCOME TO NEW MEMBERS OF LOHIA FAMILY



**Dr. Sunita Tiwari**  
Professor,  
Physiology



**Dr. Smriti Agarwal**  
Professor,  
Obst. & Gynae.



**Dr. Ritesh Kr. Pandey**  
Assistant Professor,  
Cardiology



**Dr. Swapnil Mujawadiya**  
Assistant Professor,  
Gastro Medicine



**Dr. Aleena Haider**  
Assistant Professor,  
Obst. & Gynae.



**Dr. Kasturi Hazarika**  
Assistant Professor,  
Gen. Medicine



**Dr. N. Agarwal**  
Assistant Professor,  
Reproductive Medicine



**Dr. Neha Shrivastav**  
Assistant Professor,  
Anaesthesiology



**Dr. Vibhav Nigam**  
Assistant Professor,  
Biochemistry



**Dr. Mona Mishra**  
Assistant Professor,  
Obst. & Gynae.



**Dr. Manoj Dhanorkar**  
Assistant Professor,  
Nephrology



**Dr. Yatendra Parashar**  
Assistant Professor,  
Pathology



**Dr. Madhusudan Mishra**  
Assistant Professor,  
Orthopedics



**Dr. Abhijeet Singh**  
Assistant Professor  
ENT



**Dr. Pooja Sharma**  
Assistant Professor,  
Pathology



**Dr. Satyasheel Singh**  
Asthana  
Assistant Professor, PMR



**Dr. Akanksha Gupta**  
Assistant Professor,  
Microbiology



**Dr. Pallavi Srivatava**  
Assistant Professor,  
Pathology



**Dr. Trupti Lokhande**  
Assistant Professor,  
Transfusion Medicine



**Dr. Promila Thacker**  
Assistant Professor,  
Optahlmology



**Dr. Jyoti Jain**  
Associate Professor,  
Dentistry



**Dr. Utkarsh Kr. Srivatava**  
Assistant Professor,  
Emergency Medicine



**Dr. Abhishek Verma**  
Assistant Professor,  
Tuber Flosis &  
Respiratory Medicine



**Dr. Prabhat Kumar**  
Assistant Professor,  
Orthopedics



**Dr. Charu Singh**  
Professor  
ENT



**Dr. Archana**  
Assistant Professor,  
Anaesthesiology



**Dr. Rupita Kulshetha**  
Associate Professor,  
Obst. & Gynae.



**Dr. Majibullah Ansari**  
Assistant Professor,  
Nephrology



**Dr. Vandana Tiwari**  
Assistant Professor  
Obst. & Gynae.



**Dr. Prashant Rai**  
Assistant Professor  
Gastro Medicine



**Dr. Shailja Bhamri**  
Assistant Professor  
Obst. & Gynae.



## RELEASE OF 1<sup>ST</sup> ISSUE OF INSTITUTE NEWSLETTER



**First Issue of the Institute Newsletter** was released by Honorable Director, Prof. Soniya Nityanand, Prof. Nuzhat Hussain (Dean), Prof. Deepak Malviya (HOD Anesthesia) and Prof. Jyotsna Agarwal (Chief editor, Newsletter) along with the editorial team on 5<sup>th</sup> February 2022 on occasion of Saraswati Puja. The Director congratulated the editorial team and highlighted that the newsletter will be the face of the Institute and will highlight about the services and achievement of the institute from time to time. She wished good luck to the editorial team for many more future editions

### From Editor's Desk

Happy to bring to you the 2<sup>nd</sup> issue of our Institute newsletter.

Last six months were buzzing with activities and with your contributions we have been able to put together this newsletter. Thanks to everyone who responded with write-ups and good quality pictures, and a little nudge to the slow footed and procrastinators, after all it's 'you' we depend on, to not to miss out any events taking place at RMLIMS.

Pandemic situation seems to be in control and it's finally good to see friends' and colleagues' faces!! Lets hope and pray that world remains corona free. Gratitude & thanks to the entire aditorial team for bringing out this issue on time. Hope you enjoy reading this issue of Newsletter; do send in your comments and suggestions at [newsletterdr.rmlims02@yahoo.com](mailto:newsletterdr.rmlims02@yahoo.com)

**Prof. Jyotsna Agarwal**  
Chief Editor

### DR.RMLILIMS TRENDING ON TWITTER



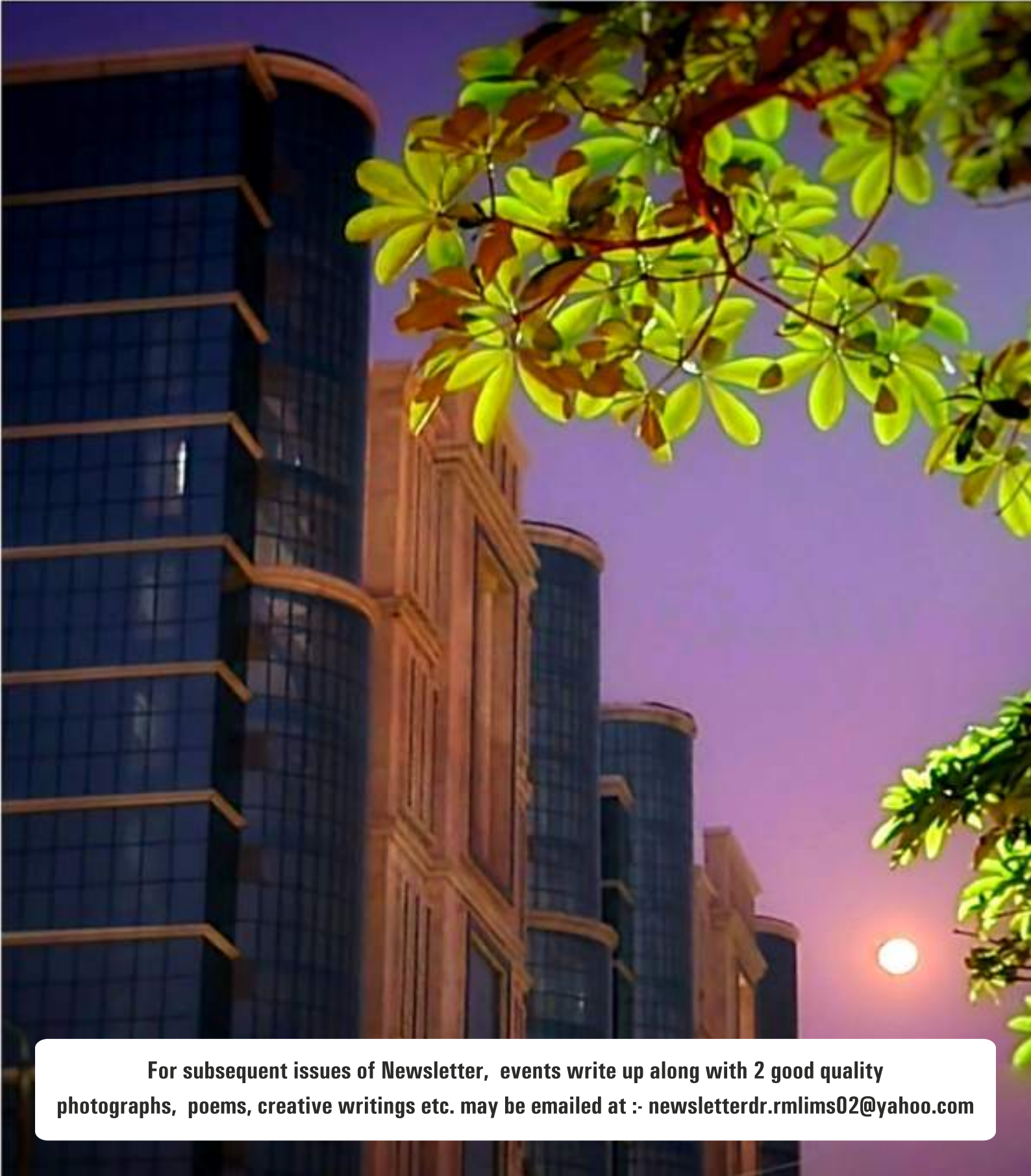
**Front & Back Cover Photograph : Academic Block, Dr. RMLIMS, Lucknow.**  
**Photograph credit : Dr. Manish Kumar Singh,**  
**Associate Professor, Community Medicine**



# *Newsletter*

Dr. Ram Manohar Lohia Institute of Medical Sciences, Lucknow.

2<sup>nd</sup> Issue, January - June, 2022



For subsequent issues of Newsletter, events write up along with 2 good quality photographs, poems, creative writings etc. may be emailed at :- [newsletterdr.rmlims02@yahoo.com](mailto:newsletterdr.rmlims02@yahoo.com)